



7566 N La Cholla Blvd Suite B Tucson, AZ 85741

## Colonoscopy: Full Prep

### 5 Days Prior to Procedure:

- Begin low residue diet. Acceptable food list attached.

### Day Prior to Procedure:

A low residue breakfast is permitted.

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### After breakfast clear liquids only:

- Clear bouillon, broth, tea, & coffee (without milk or cream)
- Crystal Light, Gatorade, & carbonated drinks (including dark colas)
- Apple & White grape juice, Popsicles, & Jell-O
- Do not have anything: purple, red, or orange in color.

### Bowel prep Instructions:

- 12:00 noon- 4:00pm drink an 8oz. glass of prep medication every 15-20 minutes until gone.
- Additional clear liquids must be consumed for preparation to be effective.

### Day of the Procedure:

- Driver must be present at time of check in and is required to stay for procedure duration.
- Patient may use a medical taxi.
- Take medications for: heart, blood pressure, pain, anxiety, seizure, and thyroid. Do not take any diabetic medications.

You may have clear liquids until \_\_\_\_\_. Nothing by mouth after this time.

Procedure date: \_\_\_\_\_

Check in time: \_\_\_\_\_

Note: Should you need to reschedule or cancel your procedure please call our office at 520-742-4139.