



7566 N La Cholla Blvd Suite B Tucson, AZ 85741

## EGD Preparation

### Night Prior to the Procedure:

- Stomach needs to be empty.
- No solid food after midnight.

### Clear Liquids only:

- Clear bouillon, broth, tea, & coffee (without milk or cream)
- Crystal Light, Gatorade, & carbonated drinks (including dark cola)
- Apple & White grape juice, Popsicles, & Jell-O
- Do not have anything: purple, red, or orange in color.

### Day of the Procedure:

- Driver must be present at time of check in and is required to stay for procedure duration..
- Patient may use a medical taxi or one provided through insurance.
- Dentures must be removed prior to the procedure.
- Bring current medication list.
- Take medications for: heart, blood pressure, pain, anxiety, seizure, and thyroid.
- Do not take diabetic medications.

You may have clear liquids until \_\_\_\_\_. Nothing by mouth after this time

Procedure date: \_\_\_\_\_. Check in time \_\_\_\_\_.

Note: Should you need to reschedule or cancel your procedure please call our office at 520-742-4139