



7566 N La Cholla Blvd Suite B Tucson, AZ 85741

Colonoscopy- Dr D SuPrep

Day prior to Procedure:

A low residue breakfast is permitted. Acceptable food list attached.

After breakfast his clear liquids only

- Water, clear bouillon, broth, tea, & coffee (without milk or cream)
- Crystal Light, Gatorade, carbonated drinks (including dark cola)
- Apple & White grape juice, Popsicles, & Jell-O
- Do not have anything: purple, red, or orange in color.

Bowel Prep Instructions:

- 5:00pm Follow steps 1-4 as listed on Suprep prescription box.
- Additional clear liquids must be consumed for preparation to be effective
- 9:00pm Repeat steps 1-4 as listed on Suprep prescription box with remaining dose of medication.

Day of the Procedure:

- Driver must be present at check in and is required to stay for procedure duration in surgery waiting area.
- Patient may use a medical taxi or transportation provided through insurance.
- Bring a list of current medications.
- Take medications for: heart, blood pressure, pain, asthma, anxiety, seizure, and thyroid. Do not take diabetic medications.

You may have clear liquids until _____. Nothing by mouth after this time.

Procedure date: _____ Check in time: _____

Note: Should you need to reschedule or cancel your procedure please call our office at 520-742-4139.

Foods acceptable for low residue breakfast:

Fruit: (Must be peeled)

Apple

Applesauce

Banana

Peach

Pear

Protein:

Bacon

Eggs

Sausage

Meal Replacement Shakes

Carbohydrates:

White toast

White Peeled Potatoes

Plain Cheerios

Low Fiber Cereals

Grits

Hash browns

Pancakes

Waffles

Plain Bagel

Dairy:

Cheese

Milk

Plain Yogurt

Plain Cream Cheese

Sour Cream

Juice:

Vegetable Juices without seeds or pulp.