



7566 N La Cholla Blvd Suite "B" Tucson, AZ 85741

Interstim Prep

Night Prior to the Procedure:

- Stomach needs to be empty.
- No solid food after midnight.
- Approved clear liquids only.

Approved Clear Liquids:

- Clear bouillon & broth
- Tea & Coffee (without milk or cream)
- Crystal Light, Gatorade & Sports drinks
- Carbonated drinks (including dark cola)
- Apple & White grape juice
- Popsicles & Jell-O
- Do not have anything: purple, red, or orange in color.

Day of the Procedure:

- Driver must be present at time of check in and is required to stay and wait in surgery waiting area.
- Patient may use a medical taxi or one provided through insurance.
- Dentures must be removed prior to the procedure.
- Bring current medication list.
- Take medications for: heart, blood pressure, pain, asthma, anxiety, seizure, and thyroid. Do not take diabetic medications.

You may have clear liquids until _____. Nothing by mouth after this time including: water, tobacco, gum, cough drops, and hard candies.

Procedure scheduled on: _____ Check in to **ADI** at _____

Note: Should additional questions arise concerning your upcoming procedure, please call 742-4139 and ask for the Procedure Scheduling department.