



7566 N La Cholla Blvd Suite "B" Tucson, AZ 85741

Radiofrequency Ablation Preparation

Night prior to the Procedure:

- Stomach needs to be empty.
- No solid food after midnight.
- Approved clear liquids only.

Approved clear liquids:

- Clear bouillon & broth
- Tea & Coffee (without milk or cream)
- Crystal Light, Gatorade & Sports drinks
- Carbonated drinks (including dark cola)
- Apple & White grape juice
- Popsicles & Jell-O
- Do not drink anything: purple, red, orange, or green in color.

Day of the Procedure:

- Driver must be present at time of check in and is required to stay and wait in surgery waiting area
- Patient may use a medical taxi or one provided through insurance.
- Dentures must be removed prior to the procedure
- Bring current medication list.
- Take medications for: heart, blood pressure, pain, asthma, anxiety, seizure, and thyroid.
- Patient to bring all medications prescribed for RFA ablation to procedure unopened.

You may have clear liquids until _____ Nothing by mouth after this time including: water, tobacco, gum, cough drops, and hard candies.

Procedure scheduled on: _____ Check in to **ADI** at _____

Note: Should additional questions arise concerning your upcoming procedure, please call **742-4139** and ask for the Procedure Scheduling department.