



7566 N La Cholla Blvd Suite B Tucson, AZ 85741

## Colonoscopy- AM SuPrep

### 5 Days Prior to Procedure:

- Begin low residue diet. Acceptable food list attached

### Day Prior to Procedure:

Clear liquids only:

- Clear bouillon, broth, tea, & coffee (without milk or cream)
- Crystal Light, Gatorade, carbonated drinks (including dark cola)
- Apple & White grape juice, Popsicles, & Jell-O
- Do not have anything: purple, red, or orange in color.

### Bowel Prep Instructions:

- 5:00pm Follow steps 1-4 as listed on Suprep prescription box.
- Additional clear liquids must be consumed for preparation to be effective
- 9:00pm Repeat steps 1-4 as listed on Suprep prescription box with remaining dose of medication.

### Day of the Procedure:

- Driver must be present at check in and is required to stay for procedure duration in surgery waiting area.
- Patient may use a medical taxi or transportation provided through insurance.
- Bring a list of current medications.
- Take medications for: heart, blood pressure, pain, anxiety, seizure, and thyroid. Do not take diabetic medications.

You may have clear liquids until \_\_\_\_\_. Nothing by mouth after this time

Procedure date: \_\_\_\_\_ Check in time: \_\_\_\_\_

Note: Should you need to reschedule or cancel your procedure please call our office at 520-742-4139.